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Abstract: This study reviews the methods used in investigating user centred design (UCD) practice in industry as well as the constraints to the practice of UCD and user experience design (UXD) in industry using systematic literature review approach. Thirty-five high profile papers were reviewed and the result showed that among others, low-profile usability professionals in the development process, usability not being accepted as a key quality, usability not supporting product development time, resistance to usability, lack of awareness, and time constraints are the constraints facing UCD and UXD in practice. Most software development studies also found constraints between developers and users. The study's outcome also revealed that most investigations carried out to assess UCD/UXD practice was done using surveys (66%) followed by interviews (29%).

Keywords: Investigative methods, User centred design, User experience design, UXD practice constraints

I. INTRODUCTION

This study provides the systematic literature review (SLR) conducted to address the issues confronting user centred design (UCD)and user experience design (UXD) in practice. Constraints to UCD and UXD were then discussed and themes created. Methods used in identifying constraints in the literature were also captured and summarized. The systematic literature review (SLR) was undertaken: (1) to summarise the existing evidence concerning usability and user experience in industry practice; (2) to identify constraints and reasons for the reluctance of companies to practise UCD or recognise the importance of user experience; (3) to identify as much information as possible with regards to the research approach used when studying UCD or UXD practice in industry settings (Silva da Silva et al., 2011). The reason for conducting a SLR was to avoid the personal, subjective and biased traditional narrative approach to literature reviews (Salleh et al., 2010). There has been a pattern of study to identify the subject of inquiry for industry practice since 1983.

Revised Manuscript Received on June 22, 2019.

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Rauch and Wilson (1995) surveyed the members of the User Experience Professionals Association (UxPA), formerly known as the Usability Professionals Association (UPA), in 1991 and 1992. The result was then presented at the UPA conference in 1993. Another round of practice surveys was done with the UPA mailing list in 1993. A follow-up survey was conducted at a Special Interest Group (SIG) session at the CHI'94 conference in the form of interactive, face-toface meetings with open discussions of key questions. Later, Rosebaum et al. (2002) studied the evolution and revolution of the user experience lifecycle in practice by surveying the members attending CHI'98, CHI'99 and UPA'99 conferences. In addition, Mao et al. (2005) surveyed identical respondents during the CHI'02 and UPA'02 conferences. Also, Ronggang et al. (2008) distributed an online survey to the UPA China members' mailing, list following a survey at the UPA China's User Friendly Conference in 2007, the target respondents being people who attended human factors and/or HCI talks (Gould & Lewis, 1985). According to Karat (1996), people attending a conference on human factors in computer systems would be expected to have a united view of UCD principles. Furthermore, given the fact that they attended the CHI conference and were members of UPA, it would be reasonable to believe that they were playing leading roles in the UCD community or at least had familiarity with UCD (Mao et al., 2005).

II. METHODOLOGY

Two important steps taken are the setting of the inclusion criteria and the strategy of locating and selecting potential studies (Higgins, 2008). The following strategy was used to construct the search terms. First, the primary studies were identified by using a search string on Google Scholar. There are four criteria in creating a search string: population, intervention, comparison and outcomes (Kitchenham& Charters, 2007; Higgins, 2008).

Table 1: Keywords used in the review process

Population	User experience
Interventions	Integrate UCD
Comparisons	Constraints, research
	methods, approach
Outcomes	UCD, industry practice



Table 1 lists keywords used in the review process. The focus of the review was on professionals whose job is to produce usable and good user experience products, and whose job titles include user experience professional, HCI practitioner or usability engineer among others. Articles published by Association for Computing Machinery (ACM) are highly respected and listed on their HCI Bibliography: HCI Resources website (SIGCHI, 2015). The search was a combination of "HCI" and "User Experience" practice. HCI and user experience are heterogeneous and terms such as

UCD, user experience design, usability and interaction are used with a similar meaning (Silva da Silva et al., 2011; Putnam et al., 2012). The term "usability engineer" was added as the focus of these personnel was to produce usable systems; this job has existed since the 1980s (Gould & Lewis, 1985; Gulliksen et al., 2001; Bygstad et al., 2008; Clemmensen et al., 2013; Hashim et al., 2017). The term "UCD" and "HCD" were used interchangeably (Tullis & Albert, 2013). Hence, both terms were included in the search procedure, as illustrated in Table 2.

Find articles	Rules
With all of the words	UCD Practice OR User Experience Design OR Usability Engineering OR Interaction
	Design Practice OR
With the exact phrase	User Centred Design Practice
With at least one of the words	Designers OR Developers OR Development OR Practitioners OR Usability OR Engineer
Excluding	Agile, Book

During the initial search, a very large number of irrelevant papers were retrieved, consisting of applications of UCD in other domains. To avoid any bias, these were included in the first round of the study. The second stage included screening the papers for either inclusion or exclusion. During this stage, papers were selected for their real-world context as opposed to simulated environments, for instance, using student groups as substitute users. The application of UXD or UCD in other specific domains was not considered further in the search. The abstracts of the papers were briefly scanned and eliminated if they were book titles and reported on the application of UCD in other domains such as Agile,

healthcare or gaming. Books were eliminated because the objective of this study was to identify the constraints of UXD practice (which excludes the matured information in books). Agile is considered a method that supports iterative activities. However, Agile itself is not a UX process. To include a paper in the analysis, it must have been written in English, and have been peer-reviewed. Papers published in academia.edu were not included as some of them were not peer-reviewed. The digital library sources selected for the search were: i. Scopus (because it covered ACM and Springer), ii. Elsevier, iii. Science Direct, iv. Wiley International, and v. IEEE Digital Library.

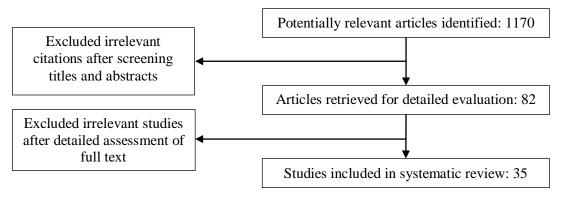


Fig. 1 Selection Strategy for UXD in practice study

The third stage was to retrieve articles based on the selected online databases. Irrelevant studies were excluded after a detailed assessment of the full text. This includes studies that were not based on industry practices or studies that included university students as the subject of experiment. The fourth stage was to extract and map the articles on the practice of usability and user experience, to uncover issues and to identify research methods used in discovering usability and user experience practice in industry settings. At the beginning of this study, the first combination of key terms used in the search was "HCI practice <OR> usability <OR> user experience". It was found that the terminology used for the process referred to HCI and the achievement of usability and/or user experience referred to UCD. The search keywords were changed accordingly and resulted in a return of some 1,170 articles.

After screening the titles and abstracts, the irrelevant citations were excluded, leaving 82 articles to be screened for titles and abstracts. 35 articles were eventually included in the SLR for detailed evaluation.

Figure 1 shows the process of finalising the studies to be included in the final review, which consists of keywords and concepts that reflect the contribution of each paper. This takes into account the basis of the context of research which has been identified as industry practice. The search phase involved the process of identifying relevant literature related to the selected keywords.



The initial phases of the search process involved distinguishing primary sources based on the HCI Bibliography official website. The sources of the papers were classified into five categories of HCI publications: first choice (top resources in publications); ACM SIGCHI (304); columns (36); digital library (57); journals (62) and publishers (33). In total, the primary electronic databases contained 139 links.

III. RESULTS

Figure 2 shows the result of 35 articles identifying constraints in UCD practice. The pioneers who studied the practice of UCD believed that a process is needed to achieve usability goals (Hammond et al., 1983; Gould & Lewis, 1985). 22 out of 35 articles on industry practice were conducted by online and questionnaire surveys (66%). Targeted samples of the studies were conference attendees and UPA members. The complexity of the real world which is full of many uncontrolled variables and often contradictory to the behaviour of the scientist leads to constraints of conducting research in practice (Rosenbaum et al., 1999; Norman, 2010; Chaiklin, 2011). The second highest methods in UCD practice approach was interview (29%), and the first article included in this review was published in 1983. Hammond et al. (1983) reported the behaviour of design practitioners towards useful design. It was very rare that a researcher focused on behaviour rather

than descriptions of practitioners of their own interface design. Using an interview method, the researchers were trying to uncover the way usability was being practised in the real world. The term "user experience" first appeared in the article published in 1983 and was first coined in 1995 by Norman (Hammond et al., 1983; Ibargoven et al., 2013). However, the concept had been used during product design and development processes since the late 1990s (Forlizzi& Ford, 2000). Early in the history of the profession, "user" was the term used to denote the stakeholder group that interacted with the system to attain some goal, who had little interest in the system that achieved that goal, and who had little interest in, or knowledge about, the technology itself (Clemmensen et al., 2013). Grudin (1991) disagreed with the term "user" at first because it refers to a drug addict from a layman's perspective. From the aspect of users, the term user and end user are normally used synonymously in most published materials. To avoid ambiguity, the distinction between the two should be identified. Users are all the people interacting with software systems, so even software engineers are users of the tools and environments that they use for their work; end users are people who are not expert in computer science, nor willing to be, but who use computer systems for their daily activities (Gulliksen et al., 1999; Ardito et al., 2011) (see Hussain et al., 2016; 2017a; 2017b; 2017c; 2018).

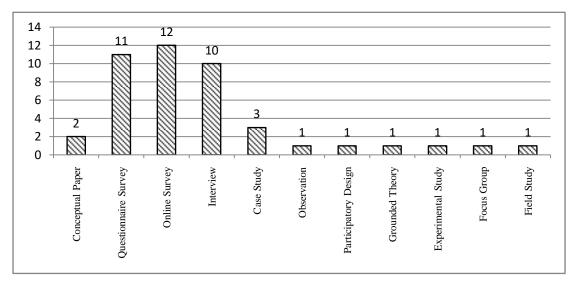


Fig. 2 Research methods used in articles reporting constraints and obstacles in UCD practice (1983 – 2013)

Constraints in Practice

In relation to UCD practices, among other constraints are low-profile usability professionals in the development process, usability not being accepted as a key quality, usability not supporting product development time, resistance to usability, lack of awareness, and time constraints (Gulliksen, 2001; Ardito et al., 2013). Most software development studies found constraints between developers and users (Grudin, 1991; Borgholm & Madsen,

1999; Holmstrom& Sawyer, 2011). For example, when users had trouble, the designers were sometimes tempted to think they were "unintelligent" (Gould & Lewis, 1985; Ardito et al., 2013). This may be due to the gap within the structure of the organisation that inhibits developer and user from working together (Poltrock&Grudin, 1994; Mayhew, 1999). Table 3 contains the list of the constraints identified in the 35 articles evaluated in SLR.



Table. 3 Constraints to practice UXD

Authors/years	Categories	Concepts
Hammond et al., 1983	Designer's logical analysis and idealized conceptual	Developer's mindset
	Designer's compatibility with previous system	Developer's mindset
	Designer's view on design process rather than on detailed decision-making	Values
	Common sense theories of users	Values
	Organizational and resource constraints	Culture
Butler, 1985	Better understanding of what's going on by all concerned-researchers,	Awareness
	managers, programmers, and HF professionals	
	Objective should be operationally defined and empirically tested	Goals
	User performance criteria need to be specified in the requirements	User performance document
Gould & Lewis, 1985	User diversity is underestimated	UCD principles are undervalued
	User diversity is overestimated	UCD principles are undervalued
	Belief that users do not know what they need	UCD principles are undervalued
	Belief that my job does not require it or permit it	Job roles limitation
	Belief in the Power of reason	Values
	Belief that design guidelines should be sufficient	Values
	Belief that good design means getting it right the first time	Values
	Belief that the development process will be lengthened	Time limitations
	Belief that iteration is just expensive fine-tuning	UCD principles are undervalued
	Belief in the power of technology to succeed	Mental model
Goransson et al., 1987	Local condition	Culture
	Work organizations	Culture
	Skills and experiences of personnel	Implicit skills
Curtis et al., 1988	The thin spread of application domain	Situations
	Fluctuating and conflicting requirement	Requirements gathering
	Communication and coordination breakdown	Communication
	Projects must be aligned with company goals and affected by	Culture and
	corporate politics, culture and procedures	procedures
Grudin&Poltrock, 1989	High expectation	Mental model
	Unfamiliarity with the support group's proper role	Job role
	Tendency to consult clients only on the most difficult problem or other factors	Clients
Nielsen, 1993	Intimidating	Frustrations
	Many developers do not use usability engineering approach	Values
Bias & Mayhew, 1994	Too time consuming	Values
	Expensive	Values
Poltrock&Grudin, 1994	Inability of interface designers to obtain access to users	User's inaccessible
	Prototyping tools that allow minor changes to be tested but that	Technology
	constraints innovation	constraints
	Resistance to iterative design that results from people noticing and	UCD principles
	being affected by interface changes Lack of communication among those sharing responsibility for	undervalued Communication
	different aspects of the interface	
Rauch & Wilson, 1995	Lack of formal usability group	No visible
	Management (III)	practitioners
	Many companies are not willing to invest money in usability, providing lip service only - they say it is important, but do not fund	Values
	the work	and Engin

International Journal of Recent Technology and Engineering (IJRTE) ISSN: 2277-3878, Volume-8, Issue-2S2, July2019

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	Lack both early and continuous customer involvement in many	UCD principles are
	Companies	undervalued Goals
	Usability and customers, particularly end users, are not driving design; instead, design is still driven primarily by programmers who	Goals
	tend to think more in terms of function than in terms of user tasks and	
	usability	
	No measuring goals-no real way to show when we have a usable	UCD principles are
	product or when we have met the user's needs	undervalued
Karat & Dayton, 1995	Guidance seek but unwilling to affect cost and schedule of software	Time and Financial
Karat & Dayton, 1773	development	Time and Timanetar
	No contact with users but try to take user's point of view	Users are inaccessible
	No formal knowledge but skills or trait	Lack of knowledge
Bekker&Vermeeren,	Time constraint, money constraints and equipment constraints	Time, financial and
1996	Time constraint, money constraints and equipment constraints	tool limitations
1,,,0	Lack of research, lack of information supplied by the marketing	UCD principles are
	department, lack of time for testing	undervalued
	Lack of information about the context of use	ander varaed
Wilson et al., 1997	Consent and user representation	UCD principles are
Wilson et al., 1997	Consent and user representation	undervalued
	Organization and motivation	Motivation
	Continuity, mediation and notation	UCD principles are
	Continuity, inculation and notation	undervalued
Gulliksen et al., 1999	Communication difficulties or lack of communication between e.g	Communication
Guinksen et al., 1999	system developers and users, between management and users,	Communication
	between individuals in a team	
	Conflicting goals - do the goals of the different groups involved in the	Goals
	process conflict	Cours
	Competence - what skills and expertise are required in a UCD project	Skills limitation
	in terms of social competence, technical skills or expertise on the	
	work activities	
	Attitude - certain attitudes in the organization and individuals-attitude	Attitude
	about users and usability as well as the role of designer	
	Work organization - in what way does IT development influence the	Organisations
	organizational requirements	
	Work activity - is a user centered design approach appropriate for	Values
	every type of work activity	
	Methods, techniques and tools	Skills
	Requirement engineering - UX and RE conflict?	Knowledge
Rosenbaum et al., 2000	Resource constraints	Resources
	Resistance to UCD/usability	Values
	Lack of understanding/knowledge about what usability is	Knowledge
	Lack of trained usability experts	Skills
Resenbaum et al., 2001	Resource constraints	Resources
	Resistance to UCD or usability	Values
	Lack of knowledge about UCD	Knowledge
Gunther et al., 2001	Developer resistance to UCD	Values
	Interaction between the UCD specialist and developers	Communication
	Design team composition and mission	Goals
Gulliksen et al., 2003	Resistance to usability	Values
	Usability unawareness	Awareness
	Time constraints	Time
	No lifecycle perspective on UCSD	Culture
	Usability designers were ignored	Values
	Use case mania	Goals
1	Poor understanding of the design documentation	Values
	Major changes in the project	Chanasa
	Droblem establishing a user centered attitude	Values
	_	Rology and Engineering

Venturi& Troost, 2004	Resource constraints	Resource
Rosenbaum et al., 2004	Resource constraints	Resource
1103011044111 Ot 411, 2007	Resistance to UCD or usability	Values
	Ineffective communication	Communication
Mao et al., 2005	Usability cannot be measured	Values
Wao et al., 2005	Development work did not have usability goals	Culture
	Influence by management support, infrastructure and communication	Management
Cahander et al., 2006	Usability terms is reduced to consistency of font and color, performance and response times or customer satisfaction	Knowledge
Norgaard&Hornbaek, 2006	Gap between academics and practitioners	Knowledge
Yi & Yun, 2006	Management must think UCD gives benefits to the company	Management
	UCD must be part of business strategy	Goals
	Usability goals as competitive analysis	Goals
	Discussed with customer	Customer
	Communication inside and outside company	Communications
Gulliksen et al., 2006	Technical nature	Technical
	Complexity of systems development in combination of time pressure	Time
	Support from project management, upper management and users	Management
Vukelja et al., 2007	Software engineers don't get help from HCI professionals	Job roles
•	Limited knowledge of HCI	Knowledge
	Do not make use the access to end users	Values
	Usability tests are rare and seldom result in big changes	Skills
Bygstad et al., 2008	Companies express interest and concern for usability but less willing to use resources with strong time and cost pressures	Cosmetics
	Not clear usability role	Job role
Zhou et al., 2008	Respondents may have low UCD knowledge	Knowledge
	Doubted usability could save costs and time for product development	Values
Shackel, 2009	Development tenders tend to forget about the user and focus on the technological artifact	Values
	Users and managers not fully involved	Values
Chilana et al., 2011	The role of usability has been deployed	Job roles
	Difficult to iterate after product launching	UCD principles are undervalued
	User feedback is not taken into consideration	Values
Putnam & Kolko, 2012	Different job title different empathy	Job roles
Ardito et al., 2013	No suitable methods	Values
	User availability	Values
	Developer mindset	Values
	No problems	Values
	Do not know	Knowledge
	Customer Participation	Customer
	communication between developers and designers	Communications
	Resource constraints	Resource
Clemmensen, 2013	Development tenders tend to forget about the user and focus on the technological artifact	Values
	Users and managers must be fully involved	Values

In Table 3, early researchers investigated issues and constraints to practising UCD at organisational and individual levels (Venturi& Troost, 2004; Marti & Bannon, 2009). It was found that research in industry settings received low interest among researchers (Buie et al., 2010a). Hence, delaying the incorporation of good practices as there is no benchmark on how to best incorporate HCI knowledge among IT professional's practice. Vukelja et al. (2007) found the low level of HCI knowledge among software engineers alarming. They believed that it was due to poor awareness of the importance of the user interface among

engineers and management, and a lack of education in HCI. UCD was not integrated in the software development process. Gulliksen and Ian (2001) concluded that fitting the UCD process into development phases was still difficult, for reasons such as lack of time, communication problems, organisational problems, bad attitudes, lack of competence or simply focusing attention on the project to keep within time and budget.

On the other hand, studies in Sweden found that HCI knowledge was no longer lacking in practice, although it still lacked respect and support for usability issues (Gulliksen et al., 2001). Gulliksen and colleagues (2004) questioned the impact of the increasing attention given to usability in IT development since 1995; their survey covered usability professionals at UPA and CHI conferences in 2002 and 2003. The main issue with previous surveys is the methodological approach to the study of practice, which is dominated by the survey method. Most studies were conducted in developed countries, and their methods may not be suitable for practices in developing countries. Their findings were limited to discovering the usability methods, tools and techniques that were mostly used by usability practitioners in industry (Dillon et al., 1993; Mao et al., 2005; Ronggang et al., 2008; Ji and Yun, 2008).

Several other researchers were able to uncover constraints that enabled them to focus on effective usability practice by conducting a qualitative method(interviewing) (Gulliksen, 1999; Bak et al., 2008). Despite the plethora of authors emphasising the importance of UCD constraints, there is little variety with regards to goal formulation and the theoretical frameworks used to analyse them. However, most usability research at that time focused on what should be done, rather than what actually happens in practice. Questions about what happens, which issues matter most in practice, and their relationship to software production development and design, need urgent answers. Issues within development teams have also received lack of attention due to the constraint of researcher participation in the practice itself. Hence, this creates a gap between industry and research as a whole. In this study, designers mentioned that goals described as "flexible" or "responsive" are very difficult to reach. Marti and Bannon (2009) argued that UCD tends to ignore other design approaches, such as active user participation, in the design process. Successful UCD implementation requires the identification of appropriate HCI design and UCD processes and the integration of these processes with existing software development processes (Marti & Bannon, 2009). The idea was later taken up in an IEEE colloquium whereby UCD techniques were proposed as a solution to ensure that users, designers and system developers designed right the first time. The important role that people in organisations play in the overall success of UCD was also highlighted (Hakiel, 1999). However, initially, the most fundamental principle of involving users in the early stage of designing any system was violated. In fact, users were always being underestimated (Holmstrom& Sawyer, 2011).

IV. CONCLUSION AND FUTURE RESEARCH DIRECTIONS

This research employed SLR approach to identify methods used in investigating UCD practice in industry. The same approach was utilized to find out the constraints in UCD and UXD practice in industry. 35 relevant papers were selected for the review process. The study's outcome reveals that most investigations carried out to assess UCD/UXD practice was done using surveys (66%) followed by interviews (29%). Low-profile usability professionals in the

development process, usability not being accepted as a key quality, usability not supporting product development time, resistance to usability, lack of awareness, and time constraints were the constraints facing UCD and UXD in practice industry. In addition, most software development studies also found constraints between developers and users. This study is limited in the sense that the electronic databases used for the search of articles were limited. Future studies will consider expanding the coverage area for the search databases.

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